

Frequently Asked Questions

Who is eligible for food assistance?

Anyone and everyone who requests it. Every family is susceptible to the hazards of daily living. This may be a crisis such as job loss, medical problems, or a time when the expenses are greater than the income for a month. Sometimes we all just need a little help to feed ourselves and our families.

How much personal information is needed to obtain a basket?

Confidentiality is a primary concern of the Food Pantry. All information given is confidential. For basic record keeping purposes, your name, phone number, number in family and ages qualified as a senior, adult, or child. Any health concerns such as food allergies, diabetes, or any special dietary restrictions are also recorded.

What is included in a food basket?

The size of each basket is based on family size, age of members, senior, adults and children and what foods are available in the pantry. Any needed fresh foods are purchased locally and added to the basket.

For special holidays like Christmas and Easter, baskets are supplied with ingredients for a special turkey or ham dinner respectively. The food is gathered from the food pantry. Whatever is not available is purchased locally or donated by local businesses and community members.

How do I sign up myself or someone I know in need?

Call the Sargent County Food Pantry Director, Patty Woytassek at 701-680-7049 during regular daytime business hours. The pantry is open Tuesday afternoons from 1pm to 4pm in the lower level of the Sargent County Courthouse in Forman and the Gwinner Community Center. Delivery is also available for those who need it.

Where do the supplies come from to stock the Sargent County Food Pantry?

All of our supplies come from generous community members who arrange and donate to food drives. Many make direct food donations or monetary donations to buy food locally to stock our shelves. Food is also purchased from the Great Plains Food Bank at a markedly decreased rate.

What should I donate?

Any nonperishable food items from your kitchen are a wonderful donation. Some items rarely received are shortening, detergent, paper products (paper towels, toilet paper, diapers), dish soap, peanut butter, syrup, ketchup, salt and pepper and Miracle Whip. Personal care items such as deodorant, toothpaste/brushes, shampoo, conditioner, and soap are also appreciated.

The Sargent County Food Pantry provides food and temporary assistance to those in need in Sargent County.

The pantry accepts donations of food and funds from multiple sources throughout our community.

Our food pantry is always looking for volunteers, contributions, and help! If you or your organization is interested in helping, please contact:

Patty Woytassek, SCFP Director
701-680-7049



PO Box 101

Forman ND 58032

701-680-7049

www.facebook.com/scfpnd

**Lower Level SC Courthouse in Forman
or Gwinner Community Center**